

Get to know your school-based therapist

Emily A. Johnson, MSW, LSW, CDCA II

Meet Child and Adolescent Behavioral Health's Emily A. Johnson, who is the school-based therapist at Alliance Early Learning Center and Alliance Middle School.

Emily, who graduated from Mahoning Unlimited Classroom, went on to earn her associates of applied science in human services and bachelor's degree in human development and family studies from Kent State University - Salem. She earned her master's degree in social work at Virginia Commonwealth University.

Emily said, the best part of the job is, "being a role model for children and being their shimmering light of hope."

Hobbies: listening to music, going to concerts, cosplay, watching Netflix, and playing with my dog

Favorite book: *The Fault In Our Stars* by John Greene **Favorite television shows:** *All The Bright Places*

Child and Adolescent Behavioral Health's (C&A's) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed.
- C&A's clinical staff collaborates closely with school staff to enhance a supportive social/ emotional school environment





For more information, call 330-433-6075 www.childandadolescent.org

Services at a Glance

Child and Adolescent Behavioral Health (C&A)

MISSION STATEMENT: Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges.

Ages Served: Birth – 24 years old

Locations: Services may be offered in homes, schools, C&A's four Stark County offices, and other community locations throughout Stark County.

Services and Programs Available:

Prevention and Consultation Services Comprehensive Diagnostic Assessment

Individual and Family Therapy Trauma Focused CBT

Psychiatric Evaluations and Medication Management Qualified Mental Health Specialists (QMHS)

Substance Abuse Treatment Services Peer Mentoring Services

Dialectical Behavior Therapy Transitional Aged Youth Services

Trauma Informed Day Treatment MST and MST-PSB

Early Childhood Consultation and Treatment Parenting Skills Development
Sexually Inappropriate Behavior Remediation Intensive Home-Based Services

Concerns Addressed (include but are not limited to):

Trauma including physical abuse, sexual abuse, bereavement, grief and loss

Depression/Mood Disorders Emotional regulation/anger management

Anxiety Oppositional and conduct disorders

Substance Use/Abuse/Dependence Suicidal Ideation

Disruptive behaviors Self-injury behaviors

Autism Spectrum Disorders Sexual behavior problems

Psychotic disorders Court/Legal Involvement

Divorce, separation, and loss ADHD
Parent/child relationship issues LGBTQ

Social/relationship issues

Bullying

School difficulties