

### **IN THIS ISSUE:**

WHAT DID YOU LEARN TODAY?

WHAT DID YOU LEARN TODAY CONTINUED?

RECOGNIZE BOARD AND DR. SKLAR

C&A AT STARK PRIDE FESTIVAL

DUCK DERBY WRAP-UP

**STAFF OUT AND ABOUT** 

**AGENCY UPDATES** 

**WELLNESS TIPS** 

IF YOU WOULD LIKE TO BE QUICKLY REDIRECTED TO A SPECIFIC ARTICLE, TRY CLICKING ON A TITLE ABOVE!

### What did you learn today?

This question may sound familiar if you are a parent of a school-age child, but it is just as important for developing leaders to ask themselves the same question as they navigate their leadership path. If the answer is "nothing," what can you do to turn that around?

Child and Adolescent Behavioral Health (C&A) has embraced leadership development at all levels of the agency. The agency fully embraces the idea that you do not fully succeed until you invest in the development of others.

It is often been said that successful people never stop learning. In today's fast-paced world, everyone needs to continually sharpen their leadership skills and adapt to the ever-changing dynamics of the workplace in order to remain competitive. This does not mean taking one leadership class or a specialized training and then going back to the same old routine. One must translate their knowledge into action and continue on this journey throughout their entire career.

Leadership development is a constant process. It starts with practical applications that translate into learning new skills and gaining experience by applying those skills. The next steps are evaluating and recognizing the impact of your actions and what you have learned. Then, you repeat the process. This approach helps build leaders who are always in action and always thinking about their next learning opportunity.

Continued on page 2



#### Learning continued

Lifelong learning is commonly described as the "ongoing, voluntary and self-motivated" pursuit of knowledge for either personal or professional reasons. The opportunities to learn new professional skills or new approaches to business challenges are endless. And, as you learn, you can expand your thought processes and communicate more clearly.

Effective leaders must remain committed to learning and adapting. Embarking on a leadership development journey ensures that the person master the skills they need to manage effective and productive teams. This type of continuing education also helps stimulate the broader economy through the development of stronger, more ethical leaders around the world who are better equipped to make an impact.

When it comes to leadership development, there is no magic bullet. You have to be the pilot of your own learning journey and embrace it so that you can reap the rewards. As an agency, C&A has fully embraced leadership and personal development. It is part of the agency's DNA.

As Albert Einstein once said, "I have no special talent. I am only passionately curious." C&A is committed to developing leaders and strive to help them in their search for their passion for learning, and set them on a course for continued growth and development.

The good news is that learning is all around us

-Joe





## COMMUNITY RECOGNITION

### C&A recognizes board activity Outgoing president Dr. Linda Sklar

Child and Adolescent Behavioral Health (C&A) thanked outgoing Board President Dr. Linda Sklar on June 15 at our board social for her two years as our leader. In addition, CEO Joe French recognized the board for their contributions during the past year.

French presented Dr. Sklar with a original art piece from the clients for her dedication to the agency during the past two years. French said Dr. Sklar attended or monetarily supported every fundraiser activity in her role. Her name is engraved on a plaque, along with other past board presidents, that hangs in the agency's Belden office location. Jennifer Meek Eells will replace Dr. Sklar July 1 as new president.

In addition, French mentioned other board members contributions this year.

- Jeremy Hesson and Joyce Salapack for co-chairing the Mike Flood Endowment Reverse Raffle.
- Casey McCloud for strengthening the agency's partnership with the Stark County Courts.
- Dominic Reolfi for helping the agency receive a workforce tax credit.
- Lindsay Smith for chairing the Grand Raffle ticket drawing.
- Lisa Warburton Gregory for chairing the Duck Derby.
- Mike Gallina for board development, being the emcee of Let Your Light Shine and providing support where needed.
- Michelle Balderson for leading Jars of Change fundraiser in Alliance a previous guest bartender.
- Holly Davies for chairing this year's Annual Appeal
- Doug Fernandez for guest bartending at Grapes In A Glass.
- Monica Gwin for helping renegotiate new contract at Plain office.
- Marcus Huerta for strengthening partnership with the Pro Football Hall of Fame.
- Skler Parks is in this year's class of 20 Under 40.
- Stacy Remark for chairing the most successful Let Your Light Shine to date.
- Jennifer Meeks Eells for knowledge and help with retention, recruitment and human resources.

The agency will celebrate its 48th birthday on June 30.

Pictured Dr. Linda Sklar and Joe French

Joe French holds past presidents plaque



## IN THE COMMUNITY

#### **C&A participates at Stark Pride Fest**

Child and Adolescent Behavioral Health (C&A) was a sponsor of the second annual Stark Pride Fest, June 10, at Centennial Plaza, 300 Market Ave. N., Canton.

The agency had a table for participants at the Stark Pride festivities. Participants stopped by to pick up information about the agency as well as LGBTQ+ sheets, bubbles, bracelets, play a dice game and speak with staff members about services the agency offers.





## IN THE COMMUNITY

#### Quick race to annual duck derby

C&A's Third Annual Q-92 Duck Derby presented by Ron & Ruthanne Wilkof floated by quickly with a fast flowing current.

The race, held under bright, sunny skies, was held in-person for the first time. Young kids enjoyed having their faces painted, getting hand tattoos, blowing bubbles and a sundae bar from Ro's Custard Creations.

A record number 271 ducks were adopted for this year's race. This year's event raised the most money yet - \$7,600 to support the agency's programs and services.

The winners: Sharon Perkins, first place (\$500); Isabel Knapp, second place (\$150), Perennial Smiles, third place (\$50) and last place, JRC (pizza gift card).

Spectators came from North Canton, Akron and New Philadelphia to participate in this year's activities.



Click to watch race



Pictured I to r: Lila Coultas and Maci Crumbley



Guests participating in activities.



# STAFF OUT AND ABOUT

# Busy summer of recognition, renovation and attending events



Pictured I to r: Jenn Kiko, Kent State Stark president Denise Seachrist, Joe French and Christine French. Photo courtesy of Kent State Stark.

CEO Joe French was honored on June 7 with Kent State University Stark's Distinguished Alumni Award. Jenn Kiko and Christine French nominated Joe for this award. The annual award is given out to alumni who have excelled professionally and given back to the community.



Pictured I to r: Joe French, Susan Brown and Jen Parmenter.

Child and Adolescent
Behavioral Health attended
this year's Goodwill
Community Breakfast at the
Pro Football Hall of Fame
Nash Center on May 18.
Youngstown State University
president Jim Tressel was the
guest speaker.



Pictured: Joe French and Robyn Holland. Photo by Dan Mucci

NAMI's Robyn Holland presents Joe French with Professional of the Year award The award was part of this year's Notable Name in Behavioral Health.



#### **C&A OFFICERS:**

Joe French, CEO
Jodi Santillo, COO
Georgene Voros, CCO
Pam Lung, CFO
Susan Brown, ACO
Kim Cernansky, ACO

### BOARD OF DIRECTORS:

Dr. Linda Sklar, president Michelle Balderson **Holly Davies** Jennifer Meek Eells **Doug Fernandez** Mike Gallina **Lisa Warburton Gregory Monica Rose Gwin** Jeremy Hesson Marcus Huerta Casey McCloud **Skyler Parks** Stacy Remark **Dominic Reolfi** Joyce Salapack **Lindsay Smith** 

#### C&A says good-bye to doctoral interns

June signals the transition from spring to summer, with longer days, warmer nights and at C&A, a time to say good-bye to this past year's class of doctoral interns.

Each July 1, C&A brings in four doctoral interns for a one-year residency to be completed June 30. C&A's doc interns gain experience working with post hospital clients to helping with school-based clients.

Chief Clinical Officer Georgene Voros said, "this class was a breath of fresh air and fun."



Pictured I to r: Sofia Goltsberg, Dan Sager, Dani Henderson and Olivia Conover. Photo by Joe French.

## C&A staff graduates Leadership Stark County Spotlight

C&A staff members Andrew Burwell and Paris Brasill recently completed the spring session of Leadership Stark County Spotlight program.



Paris Brasill



Andrew Burwell



#### **LOCATIONS:**

Alliance Office 1207 W. State St. Alliance, Ohio 44601 330.823.5335

Belden Office 4641 Fulton Dr. N.W. Canton Ohio 44718 330.433.6075

Shipley Office 919 Second St. N.E. Canton, Ohio 44704 330.454.7917

Plain Office 1801 Schneider St. N.E. Door 6 Canton, Ohio 44721 330.470.4061



Affirmation

AM FINE WITH WHO I AM AND I'M PROUD OF WHO I'M BECOMING

Journal Prompt
THE IMPACT I
WANT TO HAVE IS...

Quick Mood Booster
EMMERSE
YOURSELF IN

NOSTALGIA

### Start Your Day Right

Take a moment to get your day

1685 started on the right track by naming

the positivity in your life:

- FIVE people you are thankful for
- FOUR things you're looking forward to
- THREE things you like about your appearance
- TWO things you did yesterday that made you proud
- ONE intention for the day.

Paired with FIVE deep breaths, you have welcomed positivity into your day!

### Donate today!

| Recognition  | or tridriks | on our donor | wan at ooi | Jilipiey | Office. \$1,00 | o or more |                  |
|--------------|-------------|--------------|------------|----------|----------------|-----------|------------------|
| \$500        | \$250       | \$100        | _ \$50     | _ \$Do   | nation         | _         |                  |
| Automatic m  | nonthly de  | eduction:    |            |          |                |           | 回級際国金            |
| Name:        |             |              |            |          |                | _         |                  |
| Address:     |             |              |            |          |                | _         | ್ಷಾಡಿಯಾಗ ಶ       |
|              | State:      |              |            |          |                |           | <b>■823%&gt;</b> |
| Credit card: | Visa        | MasterCard   | Discover   | AMEX     | Ехр:           |           | _                |
| Card Number: |             |              |            |          | Signature:     |           |                  |

Donations can be made at www. childandadolescent.org or mail donation to: Mission Advancement Office, 919 Second St. N.E., Canton, Ohio 44704