

# Get to know your prevention specialist

# Carrie Jones, BA

Meet Child and Adolescent Behavioral Health's Carrie Jones, who is a prevention specialist.

Carrie, who was home schooled, went on to earn her bachelor's degree in criminology and justice studies from Kent State University. She is currently working on here master's degree in social work through Ohio University

Carrie said, the best part of her job is, "getting to build relationships with teachers and directors, helping them to recognize their full potential. I also love compiling and sharing resources to help teachers better manage their classrooms and increase social emotional learning."

Carrie is a prevention specialist in Early Childhood Centers throughout Stark County.

Hobbies: napping, shopping, snacking and hanging out with my pup

Favorite book: To Kill a Mockingbird and The Outsiders

Favorite movies: The Goonies, The Lion King and all things Star Wars

C&A's Prevention program offers a variety of services to the community, schools, preschools, daycares and families to help build resiliency skills to prevent the onset of substance use and mental health disorders. Prevention focuses on helping people develop the knowledge, attitudes, and skills they need to make good choices or change harmful behaviors. Substance use and mental disorders can make daily activities difficult and impair a person's ability to work, interact with family and fulfill other major life functions. Mental illness and substance use disorders are among the leading conditions that cause disability in the United States. In addition, drug and alcohol use can lead to other chronic diseases such as diabetes and heart disease. Preventing substance use disorders and related problems is critical to Americans' mental and physical health.



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#### Services at a Glance

## Child and Adolescent Behavioral Health (C&A)

#### **Mission Statement:**

Working together to be the premier resource for emotional and behavioral health services and products that help children, youth and families successfully meet life's challenges.

## Ages served:

Birth to 24-years-old

### **Locations:**

Services are offered in homes, schools, C&A's four Stark County offices, pediatric practices and other community locations throughout Stark County.

## Services and programs available:

Case Management Prevention and consultation services
Diagnostic Assessment Psychiatric evaluation/ medication

Dialectical Behavior Therapy Program management

Early Childhood Consultation and Treatment Sexually Inappropriate Behavioral

Fetal Alcohol Evaluations Remediation
Individual and family therapies Substance Abuse Treatment Service

Intensive home-based services Transitional Aged Youth Services

MST & MST-PSB Trauma Focused CBT

Parenting Skills Development Trauma Informed Day Treatment
Peer Mentoring Services

# Concerns addressed (include but not limited to):

Anxiety Oppositional and conduct disorders

Autism Spectrum Disorders Parent/child relationship issues

Bullying Psychotic

Court/Legal involvement School difficulties
Depression/mood disorders Self-injured behaviors
Disruptive behaviors Sexual behavioral problems

Divorce, separation and loss

Emotional regulation/anger management

Substance use/abuse

Fetal Alcohol Spectrum Disorders

Suicidal ideation (non-crisis)

LGBTQ Trauma – physical abuse, sexual abuse

bereavement, grief and loss