



Get to know your school-based therapist

Tiffany Spaziani, MA, LPC, CDCA

Meet Child and Adolescent Behavioral Health's Tiffany Spaziani who is the school-based therapist at Taft and Warstler elementary schools.

Tiffany, who graduated from McKinley Senior High School, went on to earn her bachelor's degree in early childhood education (Pre-K-third) and Intervention Specialist (K-12) from Malone University and her master's degree in school and clinical counseling from the University of Akron.

Tiffany said, the best part of her job is, "being present with clients and seeing them make progress toward successful social and emotional health."

Hobbies: running, exercising, geocaching, art, scrapbooking and coloring

Favorite book: *The Bible*

Favorite movies: *Inside Out and Onward*

Child and Adolescent Behavioral Health's (C&A's) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed.
- C&A's clinical staff collaborates closely with school staff to enhance a supportive social/emotional school environment



Child & Adolescent
Behavioral Health

Improving Lives Since 1976.



For more information, call 330-433-6075
www.childandadolescent.org

Services at a Glance

Child and Adolescent Behavioral Health (C&A)

MISSION STATEMENT: Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges.

Ages Served: Birth – 24 years old

Locations: Services may be offered in homes, schools, C&A's four Stark County offices, and other community locations throughout Stark County.

Services and Programs Available:

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| Prevention and Consultation Services | Comprehensive Diagnostic Assessment |
| Individual and Family Therapy | Trauma Focused CBT |
| Psychiatric Evaluations and Medication Management | Qualified Mental Health Specialists (QMHS) |
| Substance Abuse Treatment Services | Peer Mentoring Services |
| Dialectical Behavior Therapy | Transitional Aged Youth Services |
| Trauma Informed Day Treatment | MST and MST-PSB |
| Early Childhood Consultation and Treatment | Parenting Skills Development |
| Sexually Inappropriate Behavior Remediation | Intensive Home-Based Services |

Concerns Addressed (include but are not limited to):

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| Trauma including physical abuse, sexual abuse, bereavement, grief and loss | |
| Depression/Mood Disorders | Emotional regulation/anger management |
| Anxiety | Oppositional and conduct disorders |
| Substance Use/Abuse/Dependence | Suicidal Ideation |
| Disruptive behaviors | Self-injury behaviors |
| Autism Spectrum Disorders | Sexual behavior problems |
| Psychotic disorders | Court/Legal Involvement |
| Divorce, separation, and loss | ADHD |
| Parent/child relationship issues | LGBTQ |
| Social/relationship issues | Bullying |
| School difficulties | |