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Get to know your school-based therapist

## Dr. Karita Nussbaum, PhD., LISW-S, LICDC

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Meet Child and Adolescent Behavioral Health's Dr. Karita Nussbaum, who is the school-based therapist at GlenOak High School.

Karita, who graduated from Central Christian High School in Kidron, went on to earn her bachelor's degree in social work from Taylor University and her master's degree in social work from The University of Akron. She earned her doctoral degree in counseling psychology from Walden University.

Karita said the best part of her job, "is to watch people grow and change to be the people they were created to be."

**Hobbies:** reading, adventure travel, backpacking, spending time in nature, being creative

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Child and Adolescent Behavioral Health's (C&A's) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed
- C&A's clinical staff collaborates closely with school staff to enhance a supportive social/emotional school environment



Child & Adolescent  
Behavioral Health

Improving Lives Since 1976.



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For more information, call 330-433-6075  
[www.childandadolescent.org](http://www.childandadolescent.org)

## Services at a Glance

### Child and Adolescent Behavioral Health (C&A)

**MISSION STATEMENT:** Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges.

**Ages Served:** Birth – 24 years old

**Locations:** Services may be offered in homes, schools, C&A's four Stark County offices, and other community locations throughout Stark County.

#### Services and Programs Available:

Prevention and Consultation Services	Comprehensive Diagnostic Assessment
Individual and Family Therapy	Trauma Focused CBT
Psychiatric Evaluations and Medication Management	Qualified Mental Health Specialists (QMHS)
Substance Abuse Treatment Services	Peer Mentoring Services
Dialectical Behavior Therapy	Transitional Aged Youth Services
Trauma Informed Day Treatment	MST and MST-PSB
Early Childhood Consultation and Treatment	Parenting Skills Development
Sexually Inappropriate Behavior Remediation	Intensive Home-Based Services

#### Concerns Addressed (include but are not limited to):

Trauma including physical abuse, sexual abuse, bereavement, grief and loss	
Depression/Mood Disorders	Emotional regulation/anger management
Anxiety	Oppositional and conduct disorders
Substance Use/Abuse/Dependence	Suicidal Ideation
Disruptive behaviors	Self-injury behaviors
Autism Spectrum Disorders	Sexual behavior problems
Psychotic disorders	Court/Legal Involvement
Divorce, separation, and loss	ADHD
Parent/child relationship issues	LGBTQ
Social/relationship issues	Bullying
School difficulties	