Meet Child and Adolescent Behavioral Health’s Nicole Barone, who is a Qualified Mental Health Specialist covering the school districts of Canton City, Canton Local and Sandy Valley Local.

Nicole, who graduated from Mayfield High School, went on to earn her bachelor’s degree in sociology/criminology at University of Akron.

Nicole said, the best part of her job is, “helping families.”

**Hobbies:** Rugby and horseback riding  
**Favorite movies:** *The Longest Ride*

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A Qualified Mental Health Specialist works with clients to:

- Resolve conflict with others
- Manage emotions including anger, minor social or performance anxiety, disappointment, frustration, occasional sadness
- Coping with change, uncertainty, death, loss
- Positive parenting strategies and support
- Linkage to mental health services and other indicated medical/support services
- Linkage to natural and community supports
- Reinforcement and rehearsal of skills taught in therapy.

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A therapist is indicated when the presentation of symptoms warrants a clinical (medical) diagnosis and are leading to impairment of daily functioning:

- Significant anxiety
- Depression
- Significant oppositional/conduct behavior
- Trauma
- Suicidal ideation or self-harm behaviors
- Homicidal ideation or harming others
- Substance abuse
- Resolve the complex roots of each individuals client’s unique struggles

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For more information, call 330-433-6075  
www.childandadolescent.org
Child and Adolescent Behavioral Health (C&A)

MISSION STATEMENT: Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life’s challenges.

Ages Served: Birth – 24 years old

Locations: Services may be offered in homes, schools, C&A’s four Stark County offices, and other community locations throughout Stark County.

Services and Programs Available:
Prevention and Consultation Services
Individual and Family Therapy
Psychiatric Evaluations and Medication Management
Substance Abuse Treatment Services
Dialectical Behavior Therapy
Trauma Informed Day Treatment
Early Childhood Consultation and Treatment
Sexually Inappropriate Behavior Remediation
Comprehensive Diagnostic Assessment
Trauma Focused CBT
Qualified Mental Health Specialists (QMHS)
Peer Mentoring Services
Transitional Aged Youth Services
MST and MST-PSB
Parenting Skills Development
Intensive Home-Based Services

Concerns Addressed (include but are not limited to):
Trauma including physical abuse, sexual abuse, bereavement, grief and loss
Depression/Mood Disorders
Anxiety
Substance Use/Abuse/Dependence
Disruptive behaviors
Autism Spectrum Disorders
Psychotic disorders
Divorce, separation, and loss
Parent/child relationship issues
Social/relationship issues
School difficulties
Emotional regulation/anger management
Oppositional and conduct disorders
Suicidal Ideation
Self-injury behaviors
Sexual behavior problems
Court/Legal Involvement
ADHD
LGBTQ
Bullying