

“I returned to C&A because it felt like I was coming home to the agency I had personally and professionally grown up in,” wrote Jen Parmenter, TF-CBT and EMDR, who is the agency’s new Multi-Systemic Therapy (MST) and Multi-systemic Problem Sexual Behavioral (MST-PSB) Program Manager.

Parmenter was previously employed at C&A from 1994 to 2015, started out as an early childhood interventionist and then moved into both home and school-based counseling. Parmenter left the agency to work in private practice before going back to community mental health in Portage County.

“I worked at C&A when MST began in Stark County,” wrote Parmenter, a native of Stark County. Parmenter earned her bachelor’s degree in social work and her master’s degree in community counseling, both from Malone University. “I have worked in and with families that have utilized this service and know that it has many strengths. I came back to the agency because I have a desire to supervise and be involved in this program.”

Parmenter is passionate and committed to families and children. In her spare time, she sings in her church choir, teaches an ethics class at Walsh University and manages her son’s business, Headtrauma Entertainment.

#### **Fun Facts About Jen:**

**Favorite ice cream:** Dairy Queen chocolate cone covered in crunch coat

**Favorite pizza:** Good thick crust pepperoni and cheese

**Favorite children’s story:** *Good Night Moon* and Dr. Seuss

**Hobbies:** reading, singing, traveling and shopping at a good thrift store