Meet Child and Adolescent Behavioral Health’s Kelsey Grewell, who is the school-based therapist at Alliance high, middle and intermediate schools.

Kelsey, who graduated from North Canton Hoover High School, went on to earn her bachelor’s degree in psychology and minor in human development and family studies from Kent State University Stark Campus and master’s degree in school counseling and clinical mental health counseling from Walsh University.

Kelsey said the best part of her job is, “I have always had a passion for working with children and adolescents, in any form of work. Being a counselor is a way to bring others a supportive voice while helping them find their own; helping others build their self-esteem; and reach goals they may have not known were possible. Helping others discover ways to help themselves is the most rewarding.”

**Hobbies:** crafting, cooking, solitaire, playing with her cat and spending time with family

**Favorite book:** The Body Keeps the Score - Bessel van der Kolk

**Favorite movies:** Footloose

Child and Adolescent Behavioral Health’s (C&A’s) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed.
- C&A’s clinical staff collaborates closely with school staff to enhance a supportive social/emotional school environment

For more information, call 330-433-6075

www.childandadolescent.org
Child and Adolescent Behavioral Health (C&A)

Mission Statement:
Working together to be the premier resource for emotional and behavioral health services and products that help children, youth and families successfully meet life’s challenges.

Ages served:
Birth to 24-years-old

Locations:
Services are offered in homes, schools, C&A’s four Stark County offices, pediatric practices and other community locations throughout Stark County.

Services and programs available:
- Case Management
- Diagnostic Assessment
- Dialectical Behavior Therapy Program
- Early Childhood Consultation and Treatment
- Fetal Alcohol Evaluations
- Individual and family therapies
- Intensive home-based services
- MST & MST-PSB
- Parenting Skills Development
- Peer Mentoring Services
- Prevention and consultation services
- Psychiatric evaluation/medication management
- Sexually Inappropriate Behavioral Remediation
- Substance Abuse Treatment Service
- Transitional Aged Youth Services
- Trauma Focused CBT
- Trauma Informed Day Treatment

Concerns addressed (include but not limited to):
- Anxiety
- Oppositional and conduct disorders
- Autism Spectrum Disorders
- Parent/child relationship issues
- Bullying
- Psychotic
- Court/Legal involvement
- School difficulties
- Depression/mood disorders
- Self-injured behaviors
- Disruptive behaviors
- Sexual behavioral problems
- Divorce, separation and loss
- Social/relationship issues
- Emotional regulation/anger management
- Substance use/abuse
- Fetal Alcohol Spectrum Disorders
- Suicidal ideation (non-crisis)
- LGBTQ
- Trauma – physical abuse, sexual abuse
- Bereavement, grief and loss