The 16th Annual Let Your Light Shine - Cirque De Lumiere, Partie Deux will take place Aug. 14 at the Cultural Center for the Arts Great Court from 6 p.m. to 9:30 p.m.

The evening will feature dinner, unique experience items for the live and silent auctions, music and live cirque performances by Down to Earth Aerials. This will be a one-of-a-kind event for Stark County residents. Guest will see a trapeze artist, stilt walkers and a cyr wheel performance. This will be a truly dazzling spectacle.

Let Your Light Shine Cirque De Lumiere, Partie Deux is presented by The Canton Repository with support from PPI Graphics and The Hoover Foundation. You have multiple options to participate in this event:

- Purchase a ticket online at www.childandadolescent.org and experience this unique event in-person.
- Participate in the online auction only. One week prior to the event (Aug. 9), you can go to C&A's website, www.childandadolescent.org, click on cirque logo, then online auction link. Set up your account and start bidding. Auction closes at 8 p.m. on Aug. 14.
- Purchase a Grand Raffle ticket for $25, with the opportunity to win $2,500.

C&A looks forward to your support of this worthwhile event, which inspires health, hope and happiness for our clients.

Best,

Joe French
CEO
Child and Adolescent Behavioral Health (C&A) celebrated its 46th birthday on June 30. On July 1, at the start of its new fiscal year, the agency welcomed new board president Dr. Linda Sklar, who replaces outgoing president Patrick Mackie. C&A thanks Mackie for his dedication these past two years.

As a speech pathologist and past director of the Early Childhood Program through the Stark County Board of Developmental Disabilities, Sklar has spent her career working to improve the lives of children.

Sklar said this about being a board member, “I am supporting the wonderful clinicians and the vital work they do with our children and families. In today’s world, and especially after the pandemic, the services C&A provides is vital to producing healthy, productive adults.”

In addition to being on the board of C&A, Sklar’s community involvement includes Quota International of Canton, Shaaray Torah Synagogue, Jewish Family Services Board and Landmark Professional Growth and Training.

Sklar earned her bachelor’s and master’s degrees from Kent State University and her Ed. D in educational leadership from the University of Akron.

In addition to Linda becoming the new board president, the executive team consists of:

- Past President - Patrick Mackie
- First Vice-President - Jennifer Meek-Eells
- Second Vice-President- Heather Pennington
- Treasurer - Casey McCloud
- Assistant Treasurer - Joyce Salapack
- Secretary - Lisa Warburton Gregory
- Board Appointed - Mike Gallina.

The board of directors consists of:
Michelle Balderson, Holly Davies, Monica Gwin, Ted Herncane, Dr. Michael McCabe, Stacy Remark, Dominic Reolfi and Lindsay Smith.
**Program Spotlight**

**Multi-systemic Therapy - Problem Sexual Behavioral**

**Program Overview:**

MST-PSB provides evidence based treatment to youth with sexual behavior problems while striving to keep youth in their home, school and community. The MST-PSB model is highly congruent with the 2017 ASTA (Association for Treatment of Sexual Abusers) guidelines for treatment of juveniles from the age of 10-17 who sexually offend.

Therapists typically work with a family for five to seven months with a minimum of three in-home sessions a week. Each youth has a comprehensive assessment completed and an individualized safety plan that is re-evaluated throughout treatment. The safety plan is developed by the family and the therapist to ensure the safety of the client, victim and community.

C&A offers services in Stark, Wayne, Holmes and Medina counties.

C&A is seeking MST-PSB Therapists. If you or someone you know is interested, visit: www.childandadolescent.org/careers
C&A Spotlight Program: MST-PSB Continued

The role of a therapist:
C&A’s MST-PSB therapists are responsible for engaging the family and other key participants, including mandated agencies, in the treatment process. Individual therapist will only have five cases at a time to ensure they are able to provide the families with as much attention as they need and deserve.

Our motto is “whatever it takes.” Therapists truly adopt this attitude to get the necessary parties on board with treatment goals and plans. Therapists are on call 24 hours a day, seven days a week.

All therapists are evaluated and held accountable for achieving positive case outcomes. Cases are reviewed weekly by the therapist, their supervisor and their MST-PSB expert to ensure adherence to the nine MST-PSB treatment principles and the MST-PSB analytical process.

Sessions are often scheduled outside of regular work hours and as frequently as necessary to achieve observable and measurable changes.

Program goals:
The goals of MST-PSB include:
• Providing parents with the skills and resources they need to meet the challenges of raising teenagers
• Giving youth the skills to cope with family, school and neighborhood problems

Evidence-based techniques used in MST-PSB include cognitive behavior therapy (CBT) and pragmatic family therapies. To ensure that the benefits of MST-PSB therapy continue after the therapist team leaves, family and community resources that support long-term behavioral changes are mobilized.

MST-PSB interventions aim to:
• Improve how the caregiver disciplines.
• Enhance family relations.
• Decrease a youth’s association with negative peers.
• Increase a youth’s association with pro-social peers.
• Improve a youth’s school or vocational performance.
• Engage youth in positive recreational outlets.
• Develop a natural support network of extended family, neighbors and friends to help caregivers achieve and maintain changes.

If you know a therapist looking for a new career opportunity, visit: www.childandadolescent.org/careers
What's new at C&A?

**C&A Staff Outing at Sluggers & Putters**

On Sunday, July 11, C&A staff gathered with their families for a fun outing at Sluggers & Putters in Canal Fulton. In spite of the soggy weather, families made the best of the situation and had a good time.

**Doctoral farewell luncheon**

In late June, the C&A staff held a farewell luncheon for the 2020-2021 Doctoral Interns. C&A's doctoral internship runs from July 1 to June 30 of the following year. This year's appreciation luncheon was held at Twisted Olive.

The doctoral interns celebrated were Christina Aguirre-Kolb, Sarah Liquorman and Caitlin Schneider.

**Grant**

*C&A is pleased to announce that we are the recipient of a grant:*

- The Massillon Charitable Trust Fund awarded C&A a $2,000 grant to help defray the cost of case manager services for clients in Dialectical Behavioral Therapy program. This grant offsets costs not covered by insurance.
Yes, I want to be a Difference Maker! I know my gift will make the difference in providing health, hope and happiness for children, youth and adolescents.

Recognition of thanks on our donor wall at our Shipley office
$1,000 or more ______________

$500 _____ $250 _____ $100 _____ $50 ________ $Donation _______

Automatic monthly deduction: _________________

Name: ________________________________
Address: ____________________________________________
City: ______________ State:______________ Zip: ___________

Credit card:  Visa  MasterCard  Discover  AMEX  Exp: _______ CVV# __________
Card Number ______________________________
Signature ________________________________

Donations can be made at www.childandadolescent.org
Mail donations to:
Melissa Coultas, Chief Advancement Officer, 919 Second St. N.E., Canton, Ohio 44704

Now I’m In It by Haim
Hunger by Florence and the Machine
Help! by the Beatles
Life by Ivy Sole featuring Dave B
Breathe Me by Sia
Rose-Colored Boy by Paramore
Good Grief by Bastille

Mental Health tips:

Alliance Office
1207 W. State St.
Alliance, Ohio 44601
330-823-5335

Belden Office
4641 Fulton Dr. N.W.
Canton, Ohio 44718
330-433-6075

Shipley Office
919 Second St. N.E.
Canton, Ohio 44704
330-454-7917

Plain Office
1801 Schneider St. N.E.
Door 6
Canton, Ohio 44721
330-470-4061

Become a Difference Maker too!!

Summer reading: mental health books to read:
Emotional Intelligence by Daniel Goleman
Being and Loving by Althea Horner
The Road Less Traveled by M. Scott Peck
Darkness Visible by William Styron

What is mental health?