Meet Child and Adolescent Behavioral Health’s Erika Wood who is the school-based therapist at Sandy Valley Elementary School.

Erika, who graduated from Minerva High School, went on to earn her bachelor’s degree in criminal justice majoring in forensic psychology and minoring in corrections from Tiffin University and her master’s degree in counseling and human development from Walsh University.

Erika said, “the best part of her job is getting to help kids and families overcome life’s many challenges and come out stronger and more resilient. I am also blessed to be at a school with such a supportive staff and community.”

**Hobbies:** coaching softball, walking my dogs, spending time with family and friends, watching Netflix.
**Recently read book:** “What Made Maddy Run” by Kate Fagan
**Favorite movies:** *Sweet Home Alabama* and Jim Carrey’s *The Grinch*

Child and Adolescent Behavioral Health’s (C&A’s) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed.
- C&A’s clinical staff collaborates closely with school staff to enhance a supportive social/emotional school environment

For more information, call 330-433-6075
www.childandadolescent.org
Services at a Glance

Child and Adolescent Behavioral Health (C&A)

Mission Statement:
Working together to be the premier resource for emotional and behavioral health services and products that help children, youth and families successfully meet life’s challenges.

Ages served:
Birth to 24-years-old

Locations:
Services are offered in homes, schools, C&A’s four Stark County offices, pediatric practices and other community locations throughout Stark County.

Services and programs available:
Case Management
Diagnostic Assessment
Dialectical Behavior Therapy Program
Early Childhood Consultation and Treatment
Fetal Alcohol Evaluations
Individual and family therapies
Intensive home-based services
MST & MST-PSB
Parenting Skills Development
Peer Mentoring Services
Prevention and consultation services
Psychiatric evaluation/medication management
Sexually Inappropriate Behavioral Remediation
Substance Abuse Treatment Service
Transitional Aged Youth Services
Trauma Focused CBT
Trauma Informed Day Treatment

Concerns addressed (include but not limited to):
Anxiety
Autism Spectrum Disorders
Bullying
Court/Legal involvement
Depression/mood disorders
Disruptive behaviors
Divorce, separation and loss
Emotional regulation/anger management
Fetal Alcohol Spectrum Disorders
LGBTQ
Oppositional and conduct disorders
Parent/child relationship issues
Psychotic
School difficulties
Self-injured behaviors
Sexual behavioral problems
Social/relationship issues
Substance use/abuse
Suicidal ideation (non-crisis)
Trauma – physical abuse, sexual abuse
bereavement, grief and loss