



## Trauma Informed Day Treatment Goals

- To keep youth in the community with their “family”.
- To improve overall functioning at home, in school, in the community and interpersonally.
- To reduce the need for residential treatment.
- To serve as a transitional or short term stabilization service after psychiatric hospitalization or residential care.



## Location

Child and Adolescent Behavioral Health  
 919 Second St. N.E.  
 Canton, Ohio 44704  
 330.454.7917

## Referrals

A referral is generated by the youth’s school district. Along with this referral, an Informed Consent form signed by the parent or legal guardian must be submitted.

For additional information, contact:

Dan Metzgar  
 Program Manager  
 330.454.7917

or

Sally Sutterfield,  
 LPCC-S, Clinical Supervisor  
 330.454.7917

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# Trauma Informed Day Treatment



## Program Overview

**Trauma Informed Day Treatment (TIDTx)** is a program of Child and Adolescent Behavioral Health (C&A) that integrates mental health and educational interventions. This therapeutic environment provides a continuum of services designed to assess, treat and reduce severe emotional and/or behavioral disturbances in youth who have experienced trauma.

**TIDTx program is appropriate for** youth who have been assessed across many areas of their lives (home, school, community, social and personal) and have been determined to have a severe emotional and/or behavioral disturbance which requires intensive, therapeutic intervention. Youth receive individual, family, group and milieu therapy based on needs identified in the comprehensive trauma assessment. Our treatment environment offers youth the opportunity to learn and rehearse behavioral change while receiving guidance, supportive feedback and reinforcement in a physically and emotionally safe setting. This promotes the development of effective self regulation, problem-solving, coping and socialization skills.

Based on mental health needs and family interest, psychiatric services and case management are additional services that may be accessed at C&A.



## Criteria

- Trauma history
- Enrolled in K and 5yo-12th grades
- Residents of Stark County primarily served
- IQ of 70 or above
- Primary presenting concerns are emotional and/or behavioral disturbances
- Less restrictive mental health options have not effectively met the youth's needs
- Less restrictive educational options have not effectively met the youth's needs
- Parent/caregiver/guardian is willing and able to actively participate in treatment
- Primary presenting concern is NOT drug/alcohol abuse or juvenile delinquency

## Staff

The program is staffed by mental health and educational personnel:

- Licensed Teachers
- Master's Level Clinicians
- Behavioral Interventionists
- Experienced Administrators

**All have Trauma & Resiliency training**

## Fees

Parent/Guardian pays the mental health costs based on a sliding fee scale, Medicaid or insurance coverage. The referring school district pays for educational and transportation costs.

## Treatment

The typical treatment stay is generally 12-24 months, depending on progress made towards treatment goals. Youth attend Monday through Friday from 8-2:30 during the school year and Summer Programming.

## Involvement

Youth are expected to attend daily. Consistent family involvement is necessary for youth to achieve their maximum growth potential. This is accomplished through regularly attended family counseling sessions.

