

SIBR Services

Healthy Sexuality

Healthy Sexuality is comprised of two services: Healthy Sexuality Groups and Healthy Sexuality Individual therapy.

- **Healthy sexuality group** is an eight-week program that is educational in nature and is designed for youth ages 13 to 18 who have demonstrated inappropriate sexual behavior that warranted attention from community members (i.e. family, mental health providers, school) or Stark County Family Court.
- **Individual Healthy Sexuality** is considered when the youth is under the age of 12, or exhibits developmental concerns or other factors, such as severe mental illness diagnoses that requires attention throughout treatment beyond basic therapy.



**For more information,
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Sexually Inappropriate Behavioral Remediation SIBR



Program Overview

The mission of the Sexually Inappropriate Behavioral Remediation (SIBR) program is to prevent and treat sexually inappropriate behavior among adolescents and to address its effects on youth, families and the community.

The SIBR program aims to provide relevant psychoeducation, effective interventions, and genuine empathy to remediate inappropriate sexual behaviors and develop skills necessary for healthy and happy relationships.



What behavior is considered “sexually inappropriate”?

- Problem sexual behavior – this includes boundary-crossing behavior such as inappropriate touching (self or others), inappropriate sexual communication (sending or receiving nude photos), inappropriate pornography use and inappropriate masturbatory behavior.

- Sexually reactive behavior – this includes sexualized behavior such as boundary-crossing, inappropriate touching and language, inappropriate masturbatory behavior and inappropriate media use that are associated with traumatic stress resulting from sexual abuse.
- Sexual offending behavior – this includes any sexual behavior that violates the rights of others, and typically results in legal sanctions. Examples of this include child pornography, gross sexual imposition or rape.

Full Treatment for SIBR

Full-treatment SIBR is for youths ages 13 to 19 who have been adjudicated for a sexual offense. Treatment services are tailored individually based on the Risk-Needs-Responsivity principle and established through a comprehensive assessment or risk assessment.



Treatment may include individual/family therapy, group therapy, case management services, social skills group and psychiatric services. The full-treatment SIBR group is designed for typically-functioning youth and addresses skill-building in a number of domains associated with decreasing risk for sexual offending behavior including: Sex Education, Understanding Sexual Offending, Understanding Victim Impact, Empathy, Problem-Solving and Communication, and Thinking Errors. Activities include group discussion, writing assignments, and art projects. The Full Treatment Group meets weekly. When available, the full-treatment SIBR youth may participate in the Social Skills group. This group is an eight-week interactive learning experience for the youth, and is typically facilitated by a case manager. The Social Skills group provides context for skills acquisitions and rehearsal related to specific social skills such as: active listening, nonverbal communication and boundaries, appropriate expression of emotions, understanding social context, problem-solving and conflict resolution, peer pressure, and dating/intimacy skills.