

What is a Co-Occurring Disorder?

- Sometimes referred to as dual diagnosis or co-morbidity
- When a mental health and substance use disorder diagnose exists at the same time
- Such as depression with alcohol abuse and anxiety or AD/HD and cannabis use

Substance Use Disorders

The continual use of illegal substances often coexists with mental and emotional disorders.

The symptoms of one disorder can aggravate the symptoms of the other disorder. At times, symptoms can overlap and even mask each other; one disorder can aggravate and even worsen the symptoms of the other.

These co-occurring disorders are sometimes difficult to diagnose and treat because they have many of the same risk factors. The best treatment integrates addiction treatment with mental health care.

Clients with co-occurring disorders are often continually at risk of relapse. Adolescents tend to self-medicate using alcohol and other substances when mental health disorders occur first.

Sometimes it's difficult to tell the difference between normal teenage moodiness, changing hormones or the use of substances.



**For more information,
please call:
330-433-6075**

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Improving Lives Since 1976.

Gemini: Co-Occurring Mental Health Substance Use Disorders Program



The Gemini Program serves youth ages 10 years or older who have complex needs related to substance use and mental health conditions.



Gemini Program Criteria

- Youth is between the ages of 10-19
- Youth has a substance diagnosis and mental health diagnosis
- Youth are willing to be treated for both (“willing” means they have admitted to both)

Most Common Mental Illnesses:

Mood Disorders

- Major Depressive Disorder
- Adjustment Disorder With Depressed Mood
- Disruptive Mood Dysregulation Disorder

Attention Deficit/Hyperactivity Disorder

Post Traumatic Stress Disorder

- Adjustment Disorders

Behavioral Disorders

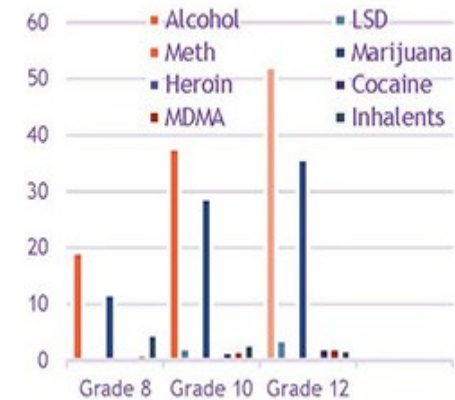
- Oppositional Defiant Disorder
- Adjustment Disorder with Disturbance of Conduct

Anxiety

- Generalized Anxiety Disorder
- Social Anxiety
- Adjustment Disorder With Anxiety



Illegal Drug Use in 2019 by 8th, 10th, and 12th graders



Co-occurring disorders are not uncommon. Research by SAMHSA has shown an estimated 10 million people have a combination of at least one mental health and one substance use disorder. As many as six of 10 adolescents with a substance use disorder also suffer from a mental health condition such as depression, PTSD, ADHD, or bipolar disorder, to name a few. When this happens, the person has “co-occurring disorders.”

Most Common Substances Used

- Alcohol
- Marijuana
- Nicotine