



Fetal Alcohol Spectrum Disorders

Children with a FASD (Fetal Alcohol Spectrum Disorders) diagnosis are often misdiagnosed and receive inappropriate treatments that exacerbate difficulties and ultimately negatively impacts life success.

They are at risk for suffering negative life outcomes including:

- Increased behavioral disruption
- Poor academic performance
- Truancy and dropout
- Often misjudged by adults as defiant
- Experience deficits in critical thinking and judgment
- At risk for manipulation or exploitation
- Legal problems
- Substance abuse
- May have difficulty maintaining employment
- Struggle with independent life skills

They are also more likely to develop secondary mental health conditions such as anxiety, ADHD/ impulsivity, low self-esteem, depression and suicidal ideation.

Financial Assistance

The FASD Clinic at C&A, made possible by funding from the United Way of Greater Stark County, is one of three in the state of Ohio that provides expert, evidence-based assessment for accurate diagnosis and appropriate treatment recommendations for FASD.

Without additional support and funding from the United Way of Greater Stark County our services would not be possible.

Financial assistance is available for families from Stark County who are unable to secure services due to a variety of financial and oppressive factors. We accept insurance and would be happy to work with you regarding financial planning for your assessment.

Contact Us:

If you are interested in the assessment services provided by the FASD clinic, please talk to your provider at C&A about making a referral.

For a new client without a C&A provider, please contact:

Meredith Skotschir, R.N., B.C.,
330-433-6075 ext. 227

For questions regarding the fee for services associated with the FASD clinic, please contact:

Kim Hollinger
330-454-7917 ext. 129

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Improving Lives Since 1976.

Fetal Alcohol Spectrum Disorders

Assessment and Consultative Services



FASD Treatment Program

The FASD clinic team serves children and adolescents ages 5-18, but some special considerations may be made for children and young adults of other ages. The FASD clinic team works collaboratively with families, treatment providers, school and the community to provide the child with the most accurate clinical diagnosis, and delivers home, school and community based recommendations for treatment, which allows the child to have the highest probability of success.

Treatment recommendations include:

- Addressing barriers and obstacles to appropriate physical and mental health services
- Connecting to community resources
- Educating and supporting caregivers, teachers, employers, medical/treatment providers, and other adults involved in the child's care with an improved understanding of the child's strengths, needs and challenges
- Assistance in overcoming identified challenges, including assistance with future, career planning, and life skills, and improving overall outcomes, physical and socio-emotional wellbeing, and success.



C&A's FASD Clinic Team

The FASD clinic at C&A uses the Diagnostic Guide for FASD which was developed by the University of Washington. This model provides expert, evidence-based training. The multidisciplinary team of FASD medical providers and clinicians consists of :

- Psychiatrist Liz Hayford, M.D.
- Psychiatric nurse Meredith Skotschir, R.N., B.C.
- Psychologist Marysa Williams, Psy.D.
- Psychological assessors (doctoral psychology interns and postdoctoral psychology fellows).

Program Details

The FASD Clinic at C&A serves approximately one child per month. Assessment time varies based upon availability and scheduling, though it typically takes 6-8 weeks. A typical assessment consists of:

- 4-6 hours of assessment with a parent/caregiver(s) individually
- 6-8 hours of assessment with the child individually
- 1-2 hour feedback session with parent/caregiver(s) individually.

The waiting period before a first appointment is offered is variable. Prior to becoming eligible for a first appointment, families must complete all necessary paperwork and obtain all necessary previous treatment records.

All appointments are available online through telehealth or in-person at C&A's Belden Village office.

