

What Prevention Is:

Prevention is a universal approach aimed at avoiding the development of social emotional or mental health problems for all individuals. Through education and behavioral health consultation, we aim to build resiliency and remove risk factors.

What Prevention Is Not:

Prevention does not provide a diagnosis or treatment. Prevention does not provide clinical mental health treatment services.



What is Early Childhood Mental Health?

Early childhood mental health is the social, emotional, and behavioral well-being of children birth through six and their families. This includes their capacity to:

- Experience, regulate, and express emotions positively
- Form close, secure relationships
- Explore their environments and learn

What are the benefits?

For children...

- Build protective factors
- Help create healthy emotional regulation and communication
- Decrease risk factors and challenging behaviors
- Gain healthy social skills

For families...

- Manage unwanted behaviors and create positive habits
- Establish healthy family routines
- Support adult mental health
- Create strong family bonding

For teachers...

- Improve classroom management
- Gain teacher support, resiliency and positive mental health
- Create a classroom with a strong social emotional climate
- Decrease behavioral concerns

**For more information
please to contact
330-433-6075**

Visit us at www.childandadolescent.org



Child & Adolescent
Behavioral Health

Improving Lives Since 1976.

Early Childhood Prevention Services



Program Overview

The Prevention Program at C&A offers a variety of services to the community, schools, preschools, daycares and families to help build resiliency to prevent the onset of behavioral and mental health concerns. Prevention focuses on helping individuals develop the knowledge, attitudes and skills they need to make good choices or change harmful behaviors.

Services

Early Childhood Mental Health Consultation (ECMHC)

ECMHC is the promotion of social and emotional growth among students and staff within a preschool or daycare classroom. It primarily focuses on environmental factors as well as attachments/relationships, self-regulation and initiative. We strive to increase protective factors and decrease behavioral concerns. It is a collaborative process between families, center staff, and consultants to create a classroom climate that promotes positive behavior and mental health. It can take many forms including classroom consultation, individual consultation, and staff support and resiliency.

ECMHC Classroom Consultation:

Classroom consultation supports the social emotional health of all students in a given classroom. Coaching and modeling is provided to center staff to build classroom protective factors, decrease behavioral concerns, and improve classroom management. This service is offered at a variety of levels to centers depending on the need of the classroom and can be short or long term.

ECMHC Individual Consultation:

Individual consultation supports one specific child who is struggling with mental or behavioral health concerns at home or in the classroom. With parent permission, individualized observations and strategies can be provided to support student's social emotional learning and maintain placement.

Ohio Preschool Expulsion Prevention Partnership (OPEPP)

OPEPP is a free, statewide program that aims to reduce the rate of expulsions in preschool age children. This service is available as a last resort for those students who are most at risk of being expelled, removed or "kicked out" of their current education setting. Immediate on-site consultation will be offered to provide personalized classroom strategies and additional resource for both the student, center, family, and teacher to maintain placement.

If you are a parent or a provider who knows a child who's at risk of expulsion, please call the hotline telephone number at: (844) 678-2227.

Family and Parenting Programs

- Parent Café
- Strengthening Families
- Coffee Hour
- Parent Consultation Services
- Birth to age 5
- Triple P
 - Positive Parenting Program

Dina Dinosaur School

Incredible Years Dina Dinosaur curriculum is offered to the local school districts in Stark County to strengthen children's social, emotional and academic competencies. These skills are taught in fun ways using puppets, special activities, books and games drawing on real life events from the classroom and playground to discuss and practice new skills. The competencies embedded within this curriculum include: understanding and communicating feelings, using effective problem-solving strategies, managing anger, practicing friendship and conversational skills as well as appropriate classroom behaviors.

