Meet Child and Adolescent Behavioral Health’s Jessica Bobby who is a prevention specialist for Early Childhood Mental Health Consultation.

Jessica, who is a graduate of Sandy Valley High School, went on to earn her bachelor’s degree in social work from the University of Akron.

Jessica said the best part of her job is, “seeing children’s excitement when I visit their classroom.”

**Hobbies:** hiking, camping, spending more time and making memories with my family
**Favorite book:** any Nicholas Sparks book
**Favorite movies:** Any Disney movie

C&A’s Prevention program offers a variety of services to the community, schools, preschools, daycares and families to help build resiliency skills to prevent the onset of substance use and mental health disorders. Prevention focuses on helping people develop the knowledge, attitudes, and skills they need to make good choices or change harmful behaviors. Substance use and mental disorders can make daily activities difficult and impair a person’s ability to work, interact with family and fulfill other major life functions. Mental illness and substance use disorders are among the leading conditions that cause disability in the United States. In addition, drug and alcohol use can lead to other chronic diseases such as diabetes and heart disease. Preventing substance use disorders and related problems is critical to Americans’ mental and physical health.

For more information, call 330-433-6075
www.childandadolescent.org
Child and Adolescent Behavioral Health (C&A)

Mission Statement:
Working together to be the premier resource for emotional and behavioral health services and products that help children, youth and families successfully meet life’s challenges.

Ages served:
Birth to 24-years-old

Locations:
Services are offered in homes, schools, C&A’s four Stark County offices, pediatric practices and other community locations throughout Stark County.

Services and programs available:

- Case Management
- Diagnostic Assessment
- Dialectical Behavior Therapy Program
- Early Childhood Consultation and Treatment
- Fetal Alcohol Evaluations
- Individual and family therapies
- Intensive home-based services
- MST & MST-PSB
- Parenting Skills Development
- Peer Mentoring Services
- Prevention and consultation services
- Psychiatric evaluation/medication management
- Sexually Inappropriate Behavioral Remediation
- Substance Abuse Treatment Service
- Transitional Aged Youth Services
- Trauma Focused CBT
- Trauma Informed Day Treatment

Concerns addressed (include but not limited to):

- Anxiety
- Autism Spectrum Disorders
- Bullying
- Court/Legal involvement
- Depression/mood disorders
- Disruptive behaviors
- Divorce, separation and loss
- Emotional regulation/anger management
- Fetal Alcohol Spectrum Disorders
- LGBTQ
- Oppositional and conduct disorders
- Parent/child relationship issues
- Psychotic
- School difficulties
- Self-injured behaviors
- Sexual behavioral problems
- Social/relationship issues
- Substance use/abuse
- Suicidal ideation (non-crisis)
- Trauma – physical abuse, sexual abuse, bereavement, grief and loss