Meet Child and Adolescent Behavioral Health’s Erika Wood who is the school-based therapist at Sandy Valley Elementary School.

Erika, who graduated from Minerva High School, went on to earn her bachelor’s degree in criminal justice majoring in forensic psychology and minoring in corrections from Tiffin University and her master’s degree in counseling and human development from Walsh University.

Erika said the best part of her job is getting to help kids and families overcome life’s many challenges and come out stronger and more resilient. I am also blessed to be at a school with such a supportive staff and community.

**Hobbies:** coaching softball, walking my dogs, spending time with family and friends, watching Netflix.

**Recently read book:** “What Made Maddy Run” by Kate Fagan

**Favorite movies:** *Sweet Home Alabama* and Jim Carrey’s *The Grinch*

Child and Adolescent Behavioral Health’s (C&A’s) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues.
- Parents are asked to be engaged in the process.
- C&A will assist with linking families to community resources as needed.
- C&A’s clinical staff collaborates closely with school staff to enhance a supportive social/emotional school environment.

For more information, call 330-433-6075

www.childandadolescent.org
# Services at a Glance

## Child and Adolescent Behavioral Health (C&A)

**Mission Statement:**
Working together to be the premier resource for emotional and behavioral health services and products that help children, youth and families successfully meet life’s challenges.

**Ages served:**
Birth to 24-years-old

**Locations:**
Services are offered in homes, schools, C&A’s four Stark County offices, pediatric practices and other community locations throughout Stark County.

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<td>Case Management</td>
<td>Prevention and consultation services</td>
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<td>Diagnostic Assessment</td>
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<td>Dialectical Behavior Therapy Program</td>
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<td>Early Childhood Consultation and Treatment</td>
<td>Substance Abuse Treatment Service</td>
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<td>Fetal Alcohol Evaluations</td>
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<td>Individual and family therapies</td>
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<td>Intensive home-based services</td>
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<td>Parenting Skills Development</td>
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<td>Peer Mentoring Services</td>
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**Concerns addressed (include but not limited to):**

- Anxiety
- Autism Spectrum Disorders
- Bullying
- Court/Legal involvement
- Depression/mood disorders
- Disruptive behaviors
- Divorce, separation and loss
- Emotional regulation/anger management
- Fetal Alcohol Spectrum Disorders
- LGBTQ
- Oppositional and conduct disorders
- Parent/child relationship issues
- Psychotic
- School difficulties
- Self-injured behaviors
- Sexual behavioral problems
- Social/relationship issues
- Substance use/abuse
- Suicidal ideation (non-crisis)
- Trauma – physical abuse, sexual abuse bereavement, grief and loss