

Trauma Informed Day Treatment (TIDTx) is a service that C&A can provide to students who have experienced one or more traumas in their lives and the trauma has affected the student in such a way that they are unable to maintain safe and appropriate emotional expression and behaviors in the traditional school setting. Many administrators, families, and even C&A staff are unaware of the process to get a child into and out of day treatment services. So, below I have outlined the process:

1. C&A staff CANNOT make referrals to the TIDTx program. These referrals can ONLY come from the school district. The school district representative, typically the Special Education Director, for the school district makes the referral to the TIDTx program. While C&A staff cannot make the referrals, they can offer information about the students' needs and the program to the school personnel who advise the Special Education Director if the student requires more intensive services than the school can provide.
2. Once the school district has considered TIDTx as an educational option for the student, the family and school administration complete the [TIDTx Informed Consent Referral Form](#) and send it to either the TIDTx Clinical Supervisor or Program Manager. The Clinical Supervisor or Program Manager will contact the family to offer additional information and/or a tour of the facility. Once the school district and family have finalized the decision to go with Day Treatment, the child will need be opened to C&A services if he/she is not already. An intake appointment and diagnostic assessment are completed to open the child to C&A.
3. Once the child is open to C&A services or if the child is already open to C&A, TIDTx administrators meet with the family and school district to complete a Change of Placement meeting and to assess for behavioral problems, triggers, and interventions that work (and to be made aware of those that DO NOT work). Typically, but not always, a child who enters into the TIDTx program has an IEP. Also, students who enter the TIDTx program are usually assigned to one of the TIDTx therapists for individual, family, group and/or trauma therapies. Sometimes families already have an established relationship with a provider and TIDTx will work with that provider to coordinate services.
4. Once the child is admitted into the program, he/she will be transported by the school district to the Shipley building for his/her academics as well as to provide intensive mental health services to include daily group therapy, individual therapy at least one time per week, and family therapy anywhere from 1-4 times per month. Frequently, clients in the TIDTx program also qualify to receive CPSTP services. Note: The school district only provides transportation to and from Shipley during established school days and hours.
5. TIDTx is not its own school and serves each school district and student as an extended, off site, intensive ED classroom. The school district, family, student, and TIDTx coordinate with each other to provide the least restrictive academic setting possible. Often times, TIDTx serves as a transitional educational placement when students are exiting hospitalizations and/or residential treatment facilities. When the student has made enough progress to be able to consistently maintain safe and appropriate behavior in the classroom/school setting, a transition meeting is scheduled so that the student can return to his/her home school.
6. There are times when TIDTx is not a good fit for the needs of the student. When this happens a transition meeting occurs to establish the best educational placement for the student.